

Medical IDs are Critical

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NutriCoach.net recommends a medical ID for those living with chronic or rare medical conditions such as diabetes, asthma or heart conditions; persons with allergies such as food, drug or insect; and those taking multiple medications or blood thinners.

NutriCoach.net is proud to partner with Universal Medical ID to provide quality medical identification jewelry with a brief description of critical medical facts about you. It is the most personal and important accessory you can wear.

As the webmaster of this site I am happy to welcome Universal Medical ID as a site sponsor. I used to be embarrassed by the cheap tacky medical ID I used to wear. I got it from a grocery store and did not know at the time I could have a quality piece of jewelry that had all my relevant medical information engraved on the back. I love the medical ID bracelet from Universal Medical ID that I now wear.

Click here to order your medical ID. By clicking this link you will leave NutriCoach.net and enter the Universal Medical ID Web site.

- More than 95 percent of emergency responders look for a medical ID.
- In an emergency, properly engraved medical IDs provide time-saving and easy access to life-saving medical information.
- Many symptoms in an emergency can easily be misdiagnosed without a medical ID.
- Medical IDs can reduce medical errors, prevent minor emergencies from escalating and reduce medical costs.

Universal Medical ID creates high quality, customized medical identification jewelry to meet one's everyday lifestyle. The medical IDs are available with bracelets, necklaces, watches and sportbands, in gold, gold-filled, sterling silver, stainless steel, titanium and nylon. Each ID is custom fitted and personalized with complimentary engraving.

Universal Medical ID also provides a free Online Medical Registry, with purchase of a medical ID, where participants can maintain an online personal health file of their medical conditions, emergency contact information, prescriptions, over-the-counter medications and personal and medical files. This file can be accessed anytime through a secure online connection or a 24-hour emergency telephone line. The program also provides 24/7 unlimited access to a registered nurse for emergencies or ongoing health questions.

Who should wear a medical ID?

Anyone with one or more of the following conditions should always wear a medical ID:

Alzheimer's/Dementia/Memory
impairment
Anemia
Ankylosing

Spondylitis
Asthma
Autism
ADD/ADHD
Blood disorders
Blood
thinners/anticoagulants/aspirin

Breathing disorders
Caregivers
Cerebral Palsy
Clinical trial
patients
COPD
Cystic Fibrosis
Diabetes
Drug allergies
Emphysema
Epilepsy, seizures

Food allergies
Gastric Bypass
Surgery
Hearing, sight or
mentally impaired

Heart disease (angina,
atrial fibrillation, pacemakers)

Hypertension
Insect allergies
Kidney failure
Mental health
patients
Multiple
medications
Multiple Sclerosis
Parkinson's Disease
Rare diseases
Sickle Cell Anemia
Special needs
children
Stroke risk
Surgery, transplant
or cancer patients

Tourette Syndrome

In an emergency, an engraved medical ID bracelet or necklace can provide time-saving and easy access to life-saving medical information. Medical IDs should be worn by those living with chronic or rare medical conditions, allergies and those taking multiple medications or blood thinners. [Click here for more information or to order from Universal Medical ID.](#)