

Health Videos

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Audio visual Presentations

from The US National Library of Medicine, National Health Institute and Medline Plus

Interactive Health Tutorials

The tutorials listed below are interactive health education resources from the Patient Education Institute. Using animated graphics each tutorial explains a procedure or condition in easy-to-read language. You can also listen to the tutorial.

NOTE: These tutorials require a special Flash plug-in, version 6 or above. If you do not have Flash, you will be prompted to obtain a free download of the software before you start the tutorial.

Diseases and Conditions

- > Abdominal Aortic Aneurysm
- > Acne
- > AIDS
- > Allergies to House Dust Mites
- > Alopecia
- > Amyotrophic Lateral Sclerosis (ALS)
- > Angina
- > Anthrax
- > Arrhythmias
- > Arthritis
- > Asthma
- > Atrial Fibrillation

- > Back Pain - How to Prevent
- > Bell's Palsy
- > Brain Cancer
- > Breast Cancer
- > Burns
- > Cataracts
- > Cerebral Palsy
- > Cold Sores (Herpes)
- > Colon Cancer
- > Congestive Heart Failure
- > COPD (Chronic Obstructive Pulmonary Disease)
- > Crohn's Disease
- > Cystic Fibrosis
- > Depression
- > Diabetes - Eye Complications
- > Diabetes - Foot Care
- > Diabetes - Introduction
- > Diabetes - Meal Planning
- > Diverticulosis
- > Endometriosis
- > Epstein Barr (Mononucleosis)
- > Erectile Dysfunction
- > Fibromyalgia
- > Flashes and Floaters
- > Fractures and Sprains
- > Ganglion Cysts
- > Gastroesophageal Reflux Disease (GERD)
- > Glaucoma
- > Gout
- > Hearing Loss
- > Heart Attack
- > Hepatitis B

- > Hepatitis C
- > Hypertension (High Blood Pressure)
- > Hypoglycemia
- > Incisional Hernia
- > Influenza
- > Inguinal Hernia
- > Irritable Bowel Syndrome
- > Kidney Failure
- > Kidney Stones
- > Latex Allergies
- > Leishmaniasis
- > Leukemia
- > Lung Cancer
- > Lupus
- > Lyme Disease
- > Macular Degeneration
- > Malaria
- > Melanoma
- > Meningitis
- > Menopause
- > Migraine Headache
- > Mitral Valve Prolapse
- > Multiple Myeloma
- > Multiple Sclerosis
- > Muscular Dystrophy - Du Chenne
- > Myasthenia Gravis
- > Osteoarthritis
- > Osteoporosis
- > Otitis Media
- > Ovarian Cancer
- > Ovarian Cysts
- > Pancreatitis
- > Parkinson's Disease

- > Phenylketonuria (PKU)
- > Prostate Cancer
- > Psoriasis
- > Rheumatoid Arthritis
- > Rotator Cuff Injuries
- > Sarcoidosis
- > Scabies
- > Seizures and Epilepsy
- > Sexually Transmitted Diseases
- > Shingles
- > Skin Cancer
- > Sleep Disorders
- > Smallpox
- > Spinal Cord Injury
- > Temporomandibular Joint Disorders (TMJ)
- > Tennis Elbow
- > Tinnitus
- > Trigeminal Neuralgia
- > Tuberculosis
- > Ulcerative Colitis
- > Umbilical Hernia
- > Uterine Fibroids
- > Varicose Veins
- > Vasculitis
- > Warts

Tests and Diagnostic Procedures

- > Barium Enema
- > Bone Densitometry
- > Breast Lumps - Biopsy
- > Colonoscopy
- > Colposcopy

- > Coronary Angiogram and Angioplasty
- > CT Scan (CAT Scan)
- > Cystoscopy - Female
- > Cystoscopy - Male
- > Echocardiogram
- > Echocardiography Stress Test
- > IVP (Intra Venous Pyelogram)
- > Knee Arthroscopy
- > Laparoscopy
- > Mammogram
- > MRI
- > Myelogram
- > Nuclear Scan
- > Pap Smear
- > Shoulder Arthroscopy
- > Sigmoidoscopy
- > Ultrasound

Surgery and Treatment Procedures

- > Aorto-Bifemoral Bypass
- > Cardiac Rehabilitation
- > Carotid Endarterectomy
- > Carpal Tunnel Syndrome
- > Chemotherapy
- > Cholecystectomy - Open Laparoscopic (Gallbladder Removal Surgery)
- > Clinical Trials
- > Colon Cancer Surgery
- > Colostomy
- > Coronary Artery Bypass Graft (CABG)
- > Craniotomy for Aneurysms
- > C-Section
- > Dilation and Curettage (D & C)
- > General Anesthesia

- > Heart Valve Replacement
- > Hemorrhoid Surgery
- > Hip Replacement
- > Hip Replacement - Physical Therapy
- > Hysterectomy
- > Incision Care
- > Knee Replacement
- > LASIK
- > Massage Therapy
- > Neurosurgery - What is it?
- > Open Heart Surgery - What to Expect?
- > Pacemakers
- > Pallidotomy
- > Preparing for Surgery
- > Prostate Cancer - Radiation Therapy
- > Radiation Therapy
- > Shoulder Replacement
- > Sinus Surgery
- > Stroke Rehabilitation
- > Thoracotomy for Tumor Resection
- > Thyroid Surgery
- > Tonsillectomy and Adenoidectomy
- > TURP (Prostate Surgery)
- > Vaginal Birth
- > Vasectomy

Prevention and Wellness

- > Coumadin - Introduction
- > Exercising for a Healthy Heart
- > Managing Cholesterol
- > Muscles
- > Preventing Strokes

- > Smoking - The Facts

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